



**Name: “Forest and coast” - going east and returning through Christiansminde**

**Distance:** 4.5 km

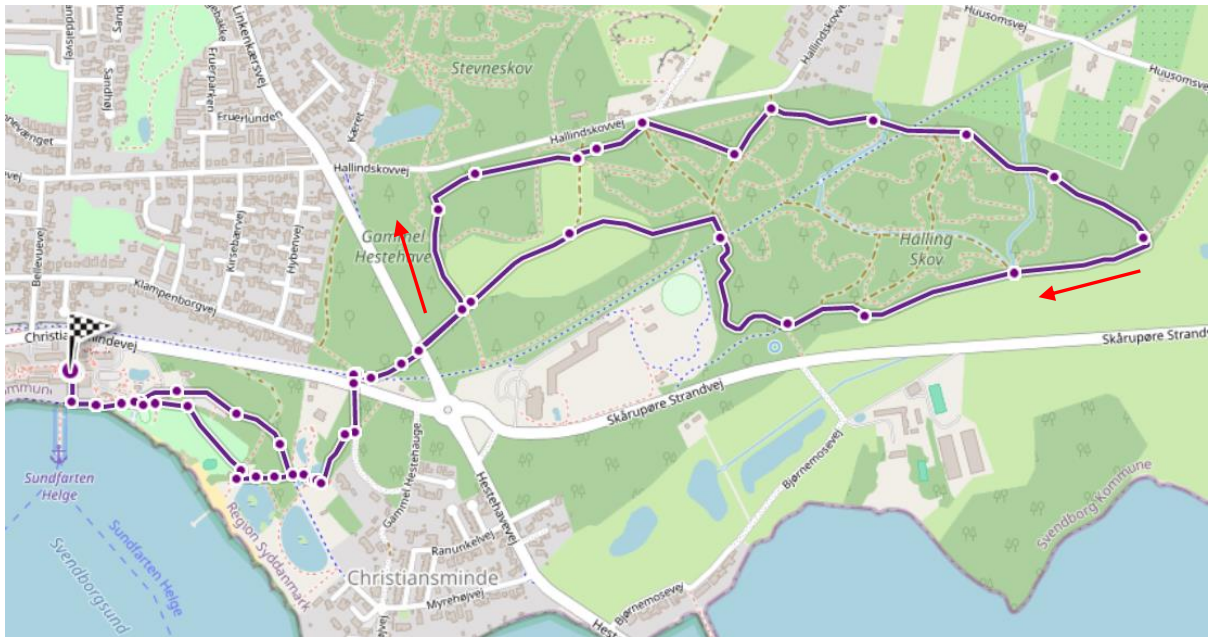
**Description:** Follow the hike-trail (Øhavsstien) until you cross Skårupøre Strandvej (near Bjørnemose). Return home following the “coast” through Christiansminde.



**Name: “Forest-run” - going east, loop through Gammel Hestehave and Halling Skov**

**Distance:** 6 km

Description: Follow the hike-trail (Øhavsstien) until you reach Gammel Hestehave (a forest area with a big meadow/open area). Follow the large trails first north, then east into Halling Skov. At the 3 km mark, you should have reached the eastern most end, and can return back following the hike trail (Øhavsstien).



**Name: Trail run in Stevneskov**

**Distance: 7.5 km**

Description: Follow the hike-trail (Øhavsstien) until you reach Gammel Hestehave (a forest area with a big meadow). MTB-trails have start/end points in the northern part of the meadow/open area (red arrow). Follow the MTB path. It is possible to shorten the route by by-passing certain parts of the loops – e.g. at the yellow arrow. **NB:** Beware of MTB-bikers and give them space to pass.

Variant: Here is also an MTB-trail going eastward into Halling Skov.

